

**SOCIAL**

**Creative Fun and Games** 8 mo-4 yrs  
 Samantha Craig & Rose Fabbiano

A gym-play-based program with parents/caregivers/daycare provider participation. Make new friends in family fun social program with toddler toys, interactive areas, games, crafts and sing-a-longs. Parents are required to supervise their own children. Drop-ins Mon and Fri, space permitting. Wed registration only.

Mon 9:00am - 11:00am	Apr 3 - Jun 5*
\$40/8 sessions, \$5/drop-in (*no class Apr 17, May 22)	105701
Wed 9:00am - 11:00am	Apr 5 - Jun 7
\$50/10 sessions	105702
Fri 9:00am - 11:00am	Apr 7 - Jun 9*
\$45/9 sessions, \$5/drop-in (*no class Apr 14)	105703

**Making Music** 0-3 yrs  
 Michelle Yeung

This is a music group for babies and toddlers. Sing along to some of your favourite nursery rhymes and play instruments. Parent participation required.

Tue 9:30am - 10:00am	Apr 4 - Jun 27
\$78/13 sessions, \$7 drop-in	105740
Tue 10:00am - 10:30am	Apr 4 - Jun 27
\$78/13 sessions, \$7 drop-in	105741

**Mommies in Motion** 16+ yrs  
 Toni Durbin

Stroller fitness at Douglas Park. Total body fitness class for moms with their babies or toddlers in strollers. All levels welcome! This program is held outdoors, please dress accordingly.

Thu 10:35am - 11:35am	Apr 6 - Apr 27
\$38/4 sessions, \$11/drop-in	105890
Thu 10:35am - 11:35am	May 4 - May 25
\$38/4 sessions, \$11/drop-in	105891
Thu 10:35am - 11:35am	Jun 1 - Jun 22
\$38/4 sessions, \$11/drop-in	105892

**Baby Sign Language** 0-24 mo  
 Into Yoga with Sheri Kauhausen

Did you know that babies understand and can communicate long before they are able to speak? Using songs and games, learn basic American Sign Language (ASL) hand gestures to facilitate communication with your hearing child. Bring your baby to class. Sleeping babies welcome.

Mon 12:30pm - 1:15pm	May 29 - Jun 26
\$64/5 sessions	85214



**SPORTS**

**Sportball Parent and Child** 2-3 yrs  
 Sportball Limited

Sportball Parent and Child programs introduces children to eight core sports. Parent participation required.

Tue 11:00am - 11:45am	Apr 4 - May 2
\$80/5 sessions	85276
Tue 11:00am - 11:45am	May 16 - Jun 13
\$80/5 sessions	85278

**Sportball Multi-Sport** 3.5-5 yrs  
 Sportball Limited

Sportball Multi-Sport introduces preschool children to eight core sports of the Sportball methodology. Parent participation optional.

Tue 11:50am - 12:50pm	Apr 4 - May 2
\$80/5 sessions	105855
Tue 11:50am - 12:50pm	May 16 - Jun 13
\$80/5 sessions	105856

**Kick It Up Soccer Saturdays** 1.5-7 yrs  
 Ron Way

Dribble, pass, shoot and score! An intro to soccer through games and drills. Parent participation encouraged. Classes held outdoors at Douglas Park field.

Sat 8:30am - 9:00am	1.5-3 yrs	Apr 8 - Jun 3*
\$66/8 sessions (*no class May 20)		105899
Sat 9:00am - 9:30am	1.5-3 yrs	Apr 8 - Jun 3*
\$66/8 sessions (*no class May 20)		105900
Sat 9:30am - 10:15am	3-4 yrs	Apr 8 - Jun 3*
\$80/8 sessions (*no class May 20)		105901
Sat 10:15am - 11:00am	4-5 yrs	Apr 8 - Jun 3*
\$80/8 sessions (*no class May 20)		105902
Sat 11:00am - 11:45am	4-6 yrs Girls	Apr 8 - Jun 3*
\$80/8 sessions (*no class May 20)		105905
Sat 11:45am - 12:30pm	3-5 yr	Apr 8 - Jun 3*
\$80/8 sessions (*no class May 20)		105903
Sat 12:30pm - 1:15pm	5-7 yrs	Apr 8 - Jun 3*
\$80/8 sessions (*no class May 20)		105904

**Kick It Up Soccer Sundays** 1.5-7 yrs  
 Ron Way

Dribble, pass, shoot and score! An intro to soccer through games and drills. Parent participation encouraged. Classes held outdoors at Douglas Park field.

Sun 8:30am - 9:00am	1.5-3 yrs	Apr 9 - Jun 4*
\$66/8 sessions (*no class May 21)		105906
Sun 9:00am - 9:30am	1.5-3 yrs	Apr 9 - Jun 4*
\$66/8 sessions (*no class May 21)		105907
Sun 9:30am - 10:15am	3-4 yrs	Apr 9 - Jun 4*
\$80/8 sessions (*no class May 21)		105908
Sun 10:15am - 11:00am	4-5 yrs	Apr 9 - Jun 4*
\$80/8 sessions (*no class May 21)		105909
Sun 11:00am - 11:45am	5-7 yrs	Apr 9 - Jun 4*
\$80/8 sessions (*no class May 21)		105910

ARTS & CULTURE

**Dance with Me Toddler**

1-3 yrs

Lisa Sars

Parents and toddlers will move and groove to music. A great way to introduce your little one to dance and get a great workout. Simple movements, songs and colorful props will be used. Parent participation required.

Wed 9:30am - 10:15am  
\$77/11 sessions, \$8/drop-in

Apr 5 - Jun 14  
105704

**Fairy Dance** 

3-5 yrs

Lisa Sars

A light hearted class teaching the elegant fairy dance. Please come in a costume and bring a water bottle.

Wed 10:25am - 11:10am  
\$88/11 sessions, \$9/drop-in


Apr 5 - Jun 14  
105708

**Creative Dance** 

4-5 yrs

Lisa Sars

Boys and girls learn about creative movement and choreography in a fun and supportive atmosphere. Build physical confidence and positive self-esteem through explorations of musicality, rhythm, improvisation, dance concepts and playful props. Please come in bare feet, dance pants (sweat pants, leggings, and/or shorts) and dance tops (boys: t-shirts, girls: leotards or tank tops). There is a performance at the end of the session. Classes held at Tapestry Community Rooms, 2821 Heather St. \*see page 38.

Tue 3:45pm - 4:30pm   
\$88/11 sessions, \$9/drop-in

Apr 4 - Jun 13  
105700




**Contemporary Dance** 

6-8 yrs

Lisa Sars

Students learn about choreography and contemporary dance techniques in a fun and supportive atmosphere. They'll build their physical literacy skills through weekly collaborations in musicality, rhythm, improvisation, dance concepts and choreography. Please come in bare feet, dance pants (sweat pants, leggings, and/or shorts) and dance tops (boys: t-shirts, girls: leotards or tank tops). There is a performance at the end of the session. Classes held at Tapestry Community Rooms, 2821 Heather St. \*see page 38.

Tue 4:30pm - 5:25pm   
\$88/11 sessions, \$9/drop-in

Apr 4 - Jun 13  
105699



**Parent and Tot Ballet**

1.5-2 yrs

Vancouver Performing Stars

Introduce your little ones to the world of dance. Classes are designed to encourage little dancers to join in and have fun while dancing with mom or dad. There will be an informal presentation for family on the last day.

Fri 3:15pm - 3:45pm  
\$95/10 sessions, (\*no class Apr 14)

Apr 7 - Jun 16\*  
105757

**Mini Ballet**

3-4 yrs

Vancouver Performing Stars

Introduce your child to the world of ballet. These classes develop co-ordination, musicality and fluidity of movement while having fun. Increased ballet technique is expected at each progressive level. Appropriate dance shoes and attire please. Child must be able to attend class alone. There will be an informal presentation for family on the last day.

Fri 3:45pm - 4:30pm  
\$99/10 sessions, (\*no class Apr 14)

Apr 7 - Jun 16\*  
105746

**Junior Ballet**

5-7 yrs

Vancouver Performing Stars

Introduce your child to the world of ballet. These classes develop coordination, musicality and fluidity of movement while having fun. Increased ballet technique is expected at each progressive level. Appropriate dance shoes and attire please. There will be an informal presentation for family on the last day.

Fri 4:30pm - 5:15pm  
\$99/10 sessions, (\*no class Apr 14)

Apr 7 - Jun 16\*  
105734

**Music and Movement**

2-3 yrs

Vancouver Performing Stars

Join your child in this high energy class full of singing and dancing. We will learn simple songs and beginner dance movement to help build your child's self-confidence and coordination. Parent or guardian participation is mandatory. There will be an informal presentation for family on the last day.

Sat 10:00am - 10:45am  
\$99/10 sessions (\*no class Apr 15, May 20, Jun 10)

Apr 1 - Jun 24\*  
105749

**Mini Performing Stars**

3-4 yrs

Vancouver Performing Stars

Dance and sing their favourite show tunes! Performers will develop rhythm, characterization, coordination and musicality through movement and song. Students must be able to participate without an adult. There is a performance at the end of the session.

Sat 11:00am - 11:45am  
\$99/10 sessions (\*no class Apr 15, May 20, Jun 10)

Apr 1 - Jun 24\*  
105747

## Mini Star Tappers

3-4 yrs

Vancouver Performing Stars

This beginners introduction to tap will include a fun warm-up and children will begin to learn the fundamental steps of this exciting form of dance! There will be an informal presentation for family on the last day.

Sun 10:00am - 10:45am

Apr 2 - Jun 18\*

\$99/10 sessions (\*no class Apr 16, May 21)

105748

## Junior Star Tappers

5-7 yrs

Vancouver Performing Stars

This beginners introduction to tap will include a fun warm-up and children will begin to learn the fundamental steps of this exciting form of dance! There will be an informal presentation for family on the last day.

Sun 10:45am - 11:30am

Apr 2 - Jun 18\*

\$99/10 sessions (\*no class Apr 16, May 21)

105735

## Senior Star Tappers

8-12 yrs

Vancouver Performing Stars

This beginners introduction to tap will include a fun warm-up and children will begin to learn the fundamental steps of this exciting form of dance! There will be an informal presentation for family on the last day.

Sun 11:30am - 12:15pm

Apr 2 - Jun 18\*

\$99/10 sessions (\*no class Apr 16, May 21)

105850



## Spring Break Daycamp classes at Tapestry

### Make-A-Musical! Daycamp

7-14 yrs

Vancouver Performing Stars

Work with your castmates to create a mini-musical from brainstorming plot and characters to writing music and designing costumes. In just one week, we will build a show from scratch out of our cast members ideas! Daycamp held at Tapestry Community Rooms, 2821 Heather St. \*see page 38.

Mon - Fri 9:00am - 3:00pm



Mar 20 - Mar 24

\$225/5 sessions

89766

### Galaxy Far Away Space Camp 5-10 yrs

Bricks 4 Kids

Join us on an adventurous journey through space! Build the Redstone Rocket to blast through the atmosphere into a realm that is truly out of this world. Travel back in time to build NASA's Gemini Capsule. Trust your astronaut's building skills to pilot a spacecraft that will bring you back to Earth safely. We'll build motorized models that represent spacecraft from your favourite popular space movie. Come experience this stellar journey to a galaxy far, far away! Daycamp held at Tapestry Community Rooms, 2821 Heather St. \*see page 38.

Mon - Fri 9:00am - 12:00pm



Mar 20 - Mar 24

\$175/5 sessions

94664



# Childrens Flea Market

**Sunday April 2**  
**10:00am - 1:00pm**

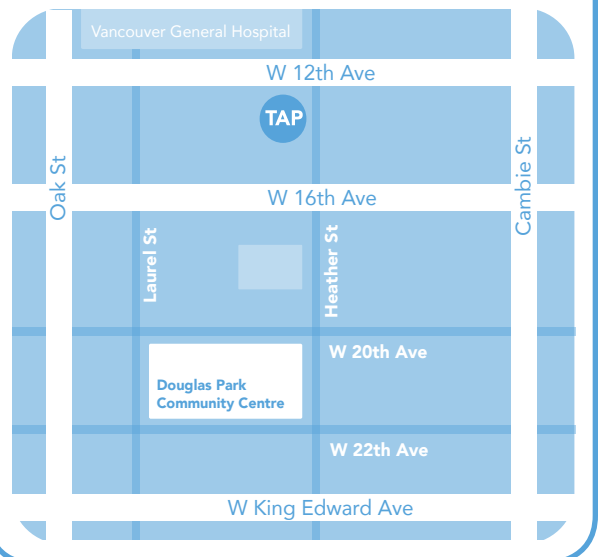
Buy or sell your children items, clothes, toys, books, collectibles and more!

**Tables are \$20**  
**FREE ADMISSION**

\*no business merchants or resale of commercial goods  
\*tables on sale Sat Dec 10 at 9am, in person only.



Look for this icon throughout the Spring/Summer brochure to find out which community centre programs will be showcased with a performance or class demonstration on the Community Day Main Stage.





ARTS & CULTURE



**Clay Play Social Pottery** 6-12 yrs

**Rochelle Davidson**  
 Join us for afterschool clay social class. Personal creativity and ideas guide the pottery projects and techniques to make them real. Please bring a smock.  
 Tue 3:30pm - 5:00pm Apr 11 - Jun 20\*  
 \$120/10 sessions (\*no class May 23) 105696  
 Thu 3:30pm - 5:00pm Apr 13 - Jun 15  
 \$120/10 sessions 105697

**Parent and Child Pottery**

**Rochelle Davidson**  
 A fun, creative class where children and parents focus on process, exploration and experimentation in clay. Please bring a smock.  
 Sat 9:45am - 11:15am Apr 8 - Jun 24\*  
 \$183/10 sessions (\*no class Apr 15, Jun 10) 105756

**Art & You** NEW 6-10 yrs

**Kelly Jimenez**  
 This is a fun and liberating class! Children will participate in, individual and group art activities for free flow of imagination, originality and unique expression through drawing, painting, clay, movement and drama. Activities are designed to foster confidence and self-esteem. All supplies included. Dress for a mess.  
 Sat 9:30am - 10:45am Apr 1 - Jun 3\*  
 \$105/9 sessions (\*no class Apr 15) 105679

**Art Attack - Girls Only** 10-12 yrs

**Starla Bayley**  
 This multi-media art group will try several different mediums of art from painting, beadwork, fimo and various forms of construction.  
 Sat 1:00pm - 3:00pm Apr 22 - Jun 24\*  
 \$54/9 sessions (\*no class Jun 10) 104166

FITNESS & HEALTH

**Open Gym** 9-13 yrs

**TBA**  
 Open gym! Shoot some hoops in our half court gym, organize a game of dodgeball or stick on some tunes and just move around. This is a supervised space. After this come and join us for snack time - make a healthy snack to tie you over until dinner time.  
 Fri 3:00pm - 4:20pm Apr 1 - Jun 24  
 FREE 105427

**Yoga for Youth** NEW 10-15 yrs

**Mandi Von Alkier**  
 Through the use of interactive yoga postures and playful yoga games we build inner and outer strength and flexibility. The physical and mental benefits of yoga are acquired through practicing breathing exercises, flowing sequences, balancing/partner poses and deep relaxation. Journaling, meditation techniques and discussions about emotions, promoting self-esteem and self-awareness are incorporated.  
 Wed 3:45pm - 4:45pm Apr 5 - Jun 7  
 \$90/10 sessions, \$9/drop-in 105911



ARTS & CULTURE

**Cartoon and Comics** NEW 7-13 yrs

**Edouard Beaudry**  
 Do you love cartoons? Can't get enough of them? Here is your chance to explore the fun and challenging world of cartoon and comics. Cartoonist Edouard B. will guide you in this adventure where the only limit is your imagination. You will learn to draw your favourite characters and create your own! Classes held at Tapestry Community Rooms, 2821 Heather St. \*see page 38.  
 Thu 4:30 - 6:00pm TAP Apr 6  
 FREE Trial 105690  
 Thu 4:30 - 6:00pm TAP Apr 13 - Jun 15  
 \$100/10 sessions 105691



**WE WANT TO HEAR FROM YOU!**  
 Do you have a fun program idea?  
 Would you like to offer a course?  
 Get in touch! douglasparkcc@vancouver.ca



## Douglas Park Tennis Club **NEW** 7-16 yrs

Gord Hauka Tennis

Tennis Club is designed to give children the opportunity to try tennis in a safe, supportive, extracurricular setting. With tennis sized right for age and ability, it's easier and more fun than ever for kids to play - even if they've never picked up a racquet! The Club is open to players of all skill levels ages 7-16 yrs. Players may choose between the one day or two days per week options.

Instruction and low key competition are part of both days. Coaches will divide the players into ages and skill levels during the first sessions. The Club format provides the opportunity for players to develop skills and competition at their own pace.

Parents will be encouraged to take part in the classes and in organizing competition between other Gord Hauka's Kids Tennis Clubs from Vancouver community centre programs. Saturday classes held at Queen Elizabeth Park Tennis courts (QE). Wednesday classes held at Heather Park Tennis courts (HP). For more information visit [www.gordhaukastennis.com](http://www.gordhaukastennis.com)

### Once Per Week

Sat 9:30am - 11:00am	QE	Apr 8 - Jun 10*
\$105/7 sessions (*no class Apr 15, May 20, May 27)		105926
Tue 4:00pm - 5:30pm	HP	Apr 18 - May 30
\$105/7 sessions		105927

### Twice Per Week

Sat 9:30am - 11:00am	QE	Apr 8 - Jun 10*
Tue 4:00pm - 5:30pm	HP	Apr 18 - May 30
\$210/14 sessions (*no class Apr 15, May 20, May 27)		107831

## Tennis Kids

Gord Hauka Tennis

Tennis Kids will provide players with the fundamentals in a safe, supportive Progressive Tennis cooperative coaching model. Instruction and low key competition are part of the program and parents are encouraged to take part in classes. Saturday classes held at Queen Elizabeth Park Tennis courts (QE). Tuesday classes held at Heather Park Tennis courts (HP). For more information visit [www.gordhaukastennis.com](http://www.gordhaukastennis.com)

Sat 11:00am - 12:00pm	QE	Apr 8 - Jun 10*
\$86/7 sessions (*no class Apr 15, May 20, May 27)		105918
Tue 4:00pm - 5:00pm	HP	Apr 18 - May 30
\$86/7 sessions		105919

5-6 yrs

## Tennis

16+ yrs

Gord Hauka Tennis

Our 10 hour tennis program is designed to develop all the fundamentals of the game. Weekly themes for techniques and tactics whilst developing your match skills with a great bunch of people. Coaches will assess skills and organize the class into appropriate groups. [www.gordhaukatennis.com](http://www.gordhaukatennis.com). Beginner and Novice level courses work on serving, forehand, backhand and volleying. Novice Plus and Intermediate level courses increase pace, improve placement and consistency. Classes are held at Queen Elizabeth Park Tennis courts (QE) or Heather Park Tennis courts (HP).

### Beginner Level 1.0-1.5

Thu 6:00pm - 8:00pm	HP	Mar 30 - Apr 27
\$120/5 sessions		105912
Sat 1:00pm - 3:00pm	QE	Apr 1 - May 6*
\$120/5 sessions (*no class Apr 15)		105913
Tue 6:00pm - 8:00pm	HP	May 16 - Jun 13
\$120/5 sessions		105914

### Novice Level 2.0-2.5

Thu 6:00pm - 8:00pm	HP	Mar 30 - Apr 27
\$120/5 sessions		105920
Sat 1:00pm - 3:00pm	QE	Apr 1 - May 6*
\$120/5 sessions (*no class Apr 15)		105921
Tue 6:00pm - 8:00pm	HP	May 16 - Jun 13
\$120/5 sessions		105922

### Novice Plus & Intermediate 2.5-3.5 - Skills & Drills

Tue 6:00pm - 8:00pm	HP	Apr 4 - May 2
\$120/5 sessions		105923
Sun 10:00am - 12:30pm	QE	Jun 4 - Jun 25
\$120/4 sessions		105924
Thu 6:00pm - 8:00pm	HP	May 18 - Jun 15
\$120/5 sessions		105925

## Queen Elizabeth Tennis Club

Join us for doubles tennis and lots of fun. Our playing days are Tuesday and Friday evenings at the tennis courts at Queen Elizabeth Park. Basic knowledge of play is required. For more information and to register, visit [www.qetennisclub.ca](http://www.qetennisclub.ca)

5:00pm - 8:00pm      May 2017 to Sep 2017      \$70/season

