



DOUGLAS PARK  
COMMUNITY CENTRE

# Recreation Guide Summer 2024



**Summer**  
Registration starts  
May 14  
at 7pm



SEARCH AND REGISTER FOR PROGRAMS at [www.douglasparkcc.org](http://www.douglasparkcc.org) FOLLOW US at [@douglasparkcc](https://twitter.com/douglasparkcc)

801 West 22nd Avenue, Vancouver, BC V5Z 1Z8 • Tel: 604-257-8130 (press #1)

Jointly operated by the Douglas Park Community Association and the Vancouver Board of Parks and Recreation



Check out your Neighbourhood Fitness Centre!

PRESIDENT'S MESSAGE

Hello from Douglas Park Community Association!

Welcome to Summer 2024.

Douglas Park Community Association is grateful to operate on the unceded, ancestral territories of the Musqueam, Squamish and Tsleil Waututh Nations.

Please join us for Community Day on Saturday, June 22 11-3pm. The day will include bouncy castles, performances (including a ventriloquist!), a ramen cart, and a neighbourhood walking tour. In addition, the Vancouver Heritage Foundation will be presenting a plaque to Douglas Park under the Places That Matter (PTM) program. Come try the QR code on the plaque for a link to a webpage dedicated to Douglas Park and exhibiting the plaque text, historic research, oral histories, contemporary and historic photos. We look forward to seeing you all there!

The wading pool opens July 2 (Monday - Saturday) with extended hours on Thursday and Friday evenings. DPCCA playground leaders will be there to provide a variety of activities, games, crafts, and theme days for the little ones. Performance in the Park is back to entertain the whole family at 6pm on July 4 and 18 as well as August 1 and 15. Drop by the east field to enjoy a free concert.

The Douglas Park Community Centre is operated jointly by the Vancouver Park Board and the Douglas Park Community Association. In early March Premier David Eby announced that his government will make the necessary amendments to the Vancouver Charter to dissolve the Park Board in the next legislative session further to a request from Vancouver's city council. We have no further updates. The DPCCA board remains focussed on its purpose to provide affordable and quality facilities and programming to meet the diverse needs of the people of the Douglas Park community and to encourage community use and participation of the Douglas Park Community Centre. To that end, we are working on a new three year strategic plan which includes those needs identified by the community in our 2022 Needs Assessment.

Thank you to all the DPCCA volunteers, board members, DPCCA and Vancouver Park Board staff, and the Vancouver Park Board. Enjoy your summer!

Christine Coleman  
President



TABLE OF CONTENTS

- Administration ..... 3
- Adult & Senior ..... 16-19
- Birthday Parties ..... 8
- Community Association ..... 2
- Children, Preteen & Youth ..... 9-13
- Early Childhood ..... 6-7
- Licensed Preschool ..... 4
- Licensed School Age Care ..... 5
- Music Lessons - All Ages ..... 19
- Rentals ..... 15
- Special Events ..... 14, 20

 **Summer Registration Starts**

|   |   |   |
|---|---|---|
|  | <b>Online</b><br><a href="http://VANREC.CA">VANREC.CA</a> | <b>Tuesday May 14</b><br>Registration starts 7:00pm   |
|  | <b>In-person</b>  |   |
|  | <b>By Phone</b><br>604-257-8130<br>ext. 1                 | <b>Wednesday May 15</b><br>Registration starts 8:00am |



**GENERAL REGISTRATION INFORMATION**

**Don't delay, register early to avoid disappointment!**

There are several easy ways to register for Douglas Park Community Centre programs and services, including online, over the telephone or in-person.

If you wait until the last day to register, courses might get full or great courses could get cancelled. Course availability can be found online or by telephone.

Late registrations will be accepted online or in-person beyond start date for most programs, subject to space availability. In the event that the course you selected is full, you may be placed on a waitlist.

Appropriate program selections and registration are the responsibility of the person registering for the program. Please review confirmation details on your registration receipt. Some programs are held offsite at Tapestry Community Rooms, Emily Carr Elementary School, Edith Cavell Elementary School, Heather Park Tennis Courts and Queen Elizabeth Park Tennis Courts.

Participants may transfer from one program to another if space is available.

Please arrive early to allow time for payment. Some drop-in programs and sports programs have maximum capacity participation limits, subject to first-come, first-served. All prices subject to GST where applicable.

**REFUND POLICY**

**Refund Policy**

Full refunds will be issued for all classes cancelled or changed by the centre. Pro-rated refunds are given after the start of the season.

One week notice for day-camps and birthday parties is needed to receive a full refund.

No refunds for any pottery program after the first 2 classes.

License care camps required two weeks notice (go to page 5).

**LEISURE ACCESS PROGRAM**

The Leisure Access Program provides low-income Vancouver residents with access to basic recreation programs and services at Park Board facilities at a reduced cost. Upon qualifying, the subsidy is for discounted access to all Park Board pools, rinks and participating fitness and community centres.

For more info visit:

[www.vancouver.ca/parks-recreation-culture/leisure-access-card.aspx](http://www.vancouver.ca/parks-recreation-culture/leisure-access-card.aspx)

Eligible Leisure Access Program patrons are eligible to access Douglas Park Community Centre association programs, up to 50% discount. Some programs, workshops, private lessons and services are exempt. Please enquire with staff regarding discount eligibility or financial aid.

**DOUGLAS PARK COMMUNITY CENTRE**

**801 West 22nd Ave. Vancouver, BC V5Z 1Z8**

**tel: 604-257-8130 (press #1) fax: 604-257-8532**

**email: [douglasparkcommunitycentre@vancouver.ca](mailto:douglasparkcommunitycentre@vancouver.ca)**

**website: [www.douglasparkcc.org](http://www.douglasparkcc.org)**

**COMMUNITY CENTRE HOURS**

Monday-Friday ..... 7:30am-9:00pm

Saturday ..... 9:00am-4:00pm

Sunday ..... Closed

Centre office close 30 minutes before scheduled closing time.

Centre office and Fitness Centre close 15 minutes before scheduled closing time, Monday through Friday.

**Holiday Hours**

July 1, August 5..... Closed

**MISSED CLASSES AND CANCELLATIONS**

**Missed classes**

Participants are to attend all classes as scheduled for the program in which they are registered. In the event that a participant is unable to attend a scheduled class(es) during the program session, make-up classes or refunds for the missed class(es) will not be provided.

**Cancellations**

Douglas Park Community Centre reserves the right to cancel or alter any classes, times, costs or locations without notice as required due to insufficient registration, inclement weather, change of policy or availability of facilities or instructors. Full refunds will be issued for course cancellations only.

**STAFF DIRECTORY**

**If you have any questions, contact us at 604-257-8130 ext 1.**

Jody Gunderson..... Community Recreation Supervisor

Sandra Alviar ..... Recreation Facility Clerk

Garrett Wong.....Recreation Programmer II

Dominic Ponce..... Recreation Programmer I

Suzy Parker ..... Community Youth Worker

Rosie Laforges ..... Licensed Care Coordinator

All prices subject to GST where applicable.

# Douglas Park Licensed Preschool

Please view our preschool open house blog to get a sneak peek into the preschool classroom, Teacher Bios, Learn more about activities that may happen in the classroom and our philosophy.

[www.douglaspreschoolopenhouse.blogspot.com](http://www.douglaspreschoolopenhouse.blogspot.com)

Douglas Park Preschool strives to provide high quality, affordable and accessible child care to all children and families. The Douglas Park Preschool classes provide children with an environment that fosters well-rounded social and learning, experiences, in a fun and safe space. Our enthusiastic and caring ECE Licensed Professionals provide a warm, nurturing environment for children to play, learn and grow in.

The preschool program follows an Emergent Curriculum philosophy; it is play-based with programming initiated by the children's interests.

The program encourages exploration and creativity in a fun, stimulating environment through, art, music, dramatic/ creative play and outdoor play. Other skills children will learn through social play within the classroom are math, science, creativity, literacy and language and problem solving. These skills are learned in the block area, at circle time, at free art and free play time.

APR  
3

## Licensed Preschool 2024-2025 Registration

Registration begins online on Wednesday April 3 @ 7:00pm

Child born 2021 is eligible to register for 3 Year Old preschool

Child born 2020 is eligible to register for 4 Year Old preschool

At the time of registration, if you are successful at securing a space, you will be required to pay the deposit.

The deposit is equivalent to 1 month's fee. This deposit is a refundable deposit (further details to this in the registration package).

All registrants will receive a welcome email in June to come pick up a registration package.

### 2024-2025 Fees and Times



**3 Year Olds** \$258/mth  
Tues/Thurs-Morning  
9:15am - 11:30am 503184

**4 Year Olds** \$359/mth  
Mon/Wed/Fri-Morning  
8:30am - 11:30am 503183  
**3 & 4 Year Olds Split** \$310/mth  
Mon/We/Fri-Afternoon  
12:15pm - 2:45pm 503185



**3 Year Olds** \$425/mth  
Mon - Fri-Morning  
9:15am - 11:30am 503186  
**4 Year Olds** \$485/mth  
Mon - Fri-Afternoon  
12:15pm - 2:45pm 503187

## Licensed Preschool Summer Adventures Daycamp

Each themed week children will engage in art activities, science, and experiments, creative play, water activities and storytelling. Bring a healthy snack (no nuts please) and water bottle.

**Camp Readiness:** This camp is **not** designed with a gradual entry process. The registered child must be able to transition into the camp comfortably and be comfortable staying without a guardian for the 2.5 hours of camp.

\* **Withdraw or Refunds:** notice must be given at least two weeks prior to your child's first day of camp to receive a refund. \*\* Child must be born: 2019, 2020 and 2021. You will be emailed a registration package in advance of your registered week.

AM Session:  
9:00am - 11:30am  
PM Session:  
12:15pm - 2:45pm  
\*Week 1 and Week 6  
are 4 day weeks

Registration is online at 7pm on May 1. [vanrec.ca](http://vanrec.ca)

|   |   |
|---|---|
| <b>*Week 1</b> <i>Bug Extravaganza</i> Jul 2 - Jul 5    | <b>Week 5</b> <i>Under The Stars</i> Jul 29-Aug 2             |
| AM \$110/4 day 503206 PM \$110 day 503208               | AM \$138/5 days 503699 PM \$138/5 days 503700                 |
| <b>Week 2</b> <i>Around the World</i> Jul 8 - Jul 12    | <b>*Week 6</b> <i>Science Exploration</i> Aug 6 - Aug 9       |
| AM \$138/5 day 503210 PM \$138/5 day 503211             | AM \$110/4 days 503701 PM \$110/4 days 503702                 |
| <b>Week 3</b> <i>Camping Adventures</i> Jul 15 - Jul 19 | <b>Week 7</b> <i>Fantasy &amp; Fairytales</i> Aug 12 - Aug 16 |
| AM \$138/5 day 503212 PM \$138/5 day 503649             | AM \$138/5 day 503722 PM \$138/5 day 503704                   |
| <b>Week 4</b> <i>Jump Into Books</i> Jul 22 - Jul 26    | <b>Week 8</b> <i>Into the Jungle</i> Aug 19 - Aug 23          |
| AM \$138/5 day 503696 PM \$138/5 day 503697             | AM \$138/5 day 503709 PM \$138/5 day 503712                   |

Contact Rosie, Licensed Child Care Coordinator at 604-257-8134 or [rosie.laforges@vancouver.ca](mailto:rosie.laforges@vancouver.ca) for information on Licensed Care

Register at [douglasparkcc.org](http://douglasparkcc.org) or [www.vanrec.ca](http://www.vanrec.ca) Phone: 604-257-8130 ext 1

# School Age Care

All of our programs are currently full. Please contact the front office or Rosie at [rosie.laforges@vancouver.ca](mailto:rosie.laforges@vancouver.ca) to put your child on the ongoing waitlist.

Douglas Park strives to offer quality care in an environment that offers children a safe, nurturing place for them to socialize and participate in programmed activities. We only offer care to children attending Emily Carr and Edith Cavell schools. Children are picked up at their school and walked back to the community centre. We only offer fulltime spaces (Mon-Fri).

## CURRENT FEES AND TIMES FOR 2023-2024

Aftercare Only (Mon-Fri) \$465/month  
 Aftercare + Morning Care (Mon-Fri) \$575/month  
 Aftercare: 3:00pm - 6:00pm  
 Morning Care: 7:30am - 9:00am

Our fees include scheduled school Professional Day coverage and Early Dismissals. Winter Break Camp, Spring Break Camp, District Closure Camp and Summer Camp are all a separate internal priority registration with an additional cost to the monthly fee. Morning Care is only available to those who have an Aftercare space.

**Emily Carr Junior Program at Douglas Park** • **Emily Carr Senior Program at Emily Carr School**  
**Edith Cavell Junior Program at Douglas Park** • **Edith Cavell Senior Program at Douglas Park**

\*At the time of publishing this brochure, the reopening of the Cavell Offsite program (@ Cavell) has not yet been finalized.

## Summer Spectacular Daycamp

Our Douglas Park Summer Spectacular camp is designed for children to participate in developmentally appropriate, stimulating activities and out trips. These fun-filled, challenging programs give children a chance to socialize with friends while experiencing many crafts, games, sports, science and adventure activities. All children must have completed Kindergarten in order to be eligible to register in the 5-6 year old program. No exceptions will be made, due to School Age Care licensing regulations. Proof of age may be required if questionable. Please note: This camp does 2 field trips per week by school bus (Thirdwave Bus Services).

- 5-6's born 2018 (completed Kindergarten and at least 5 years old but less than 6 yrs old by Dec 31/2023)
- 7-8's born 2016-2017 (at least 7 yrs old but less than 9 yrs old by Dec 31/2024)
- 9-12's born 2012-2015 (at least 9 yrs old but less than 13 yrs old by Dec 31/2024)

These spaces are limited and on a first come, first registered basis. If only full day spaces are available when you register, you must pay the full day rates.

\*Week 1 & 6 short weeks. Short Day \$190 & Extended Day \$225.  
 Please Note: \*Week 1 & 6 is a (four-day) day camp (due to Statutory Holidays).

For all ages the times and fees are as follows:

Short Day 10:00am - 4:00pm \$225  
 Extended Day 8:00am - 5:30pm \$275

|                       | 5-7's Ext | 5-7's Short | 7-8 Ext | 7-8's Short | 9-12's Ext | 9-12's Short |
|-----------------------|-----------|-------------|---------|-------------|------------|--------------|
| *Week 1 • Jul 2-5     | 501755    | 501756      | 501779  | 501869      | 502107     | 502114       |
| Week 2 • Jul 8-12     | 501758    | 501759      | 501870  | 501872      | 502115     | 502116       |
| Week 3 • Jul 15-19    | 501760    | 501761      | 501873  | 501874      | 502117     | 502118       |
| Week 4 • Jul 22-26    | 501762    | 501767      | 501907  | 501909      | 502119     | 502120       |
| Week 5 • Jul 29-Aug 2 | 501768    | 501769      | 502093  | 502094      | 502121     | 502122       |
| *Week 6 • Aug 6-9     | 501770    | 501771      | 502095  | 502096      | 502123     | 502124       |
| Week 7 • Aug 12-16    | 501773    | 501776      | 502101  | 502102      | 502126     | 502127       |
| Week 8 • Aug 19-23    | 501777    | 501778      | 502103  | 502105      | 502128     | 502129       |

Registration is online at 7pm on May 1. [vanrec.ca](http://vanrec.ca)

Douglas Park CC Licensed Summer Spectacular Daycamp has been approved for the government CCFRI (Child Care Fee Reduction Initiative) for this year. The above camp fee has been further reduced at the time of registration, according to the criteria for approval. Children born in 2018 have a greater reduction than the older children.

PLEASE NOTE: This is a Licensed School Age Care daycamp. Douglas Park CC offers an annual childcare program to school age families. These families will have priority registration on these camp spaces. There will be limited spaces available to the public at the time of registration. Thank you for your understanding.

Camp Activity Schedules will be available at [douglasparkcc.org](http://douglasparkcc.org) at the beginning of June.

ACTIVITIES SUBJECT TO CHANGES DUE TO SCHEDULING AND WEATHER REFUND POLICY: Minimum 2 weeks notice from the start day of the week of the camp you are withdrawing from in order to get a refund. Anything less than 2 weeks notice is non-refundable. Please call the front office to request withdrawal.

All prices subject to GST where applicable.

PHYSICAL RECREATION

High 5 Sports! Drop-off Camp

3-5 yrs

Hai Doan

Welcome to our exciting sports camp tailored specifically for 3-5 year olds! At our camp, young athletes will embark on a journey of discovery, skill-building, and fun-filled experiences in a safe and supportive environment. From soccer to basketball, tennis to hockey, our coaches will guide campers through a variety of sports activities designed to enhance coordination, teamwork, and confidence. Through interactive drills, games, and friendly competitions, children will not only develop their athletic abilities but also learn valuable life skills such as sportsmanship, resilience, and cooperation. With an emphasis of fostering a love for physical activity and healthy habits, our sports camp promises an unforgettable summer of growth, friendship, and endless fun!

|                               |               |
|-------------------------------|---------------|
| Tu W Th F 9:00 AM-10:15 AM    | Jul 2-Jul 5   |
| \$81.6/4 sessions             | 508007        |
| Tu W Th F 10:20 AM-11:35 AM   | Jul 2-Jul 5   |
| \$81.6/4 sessions             | 508008        |
| M Tu W Th F 9:00 AM-10:15 AM  | Jul 8-Jul 12  |
| \$102/5 sessions              | 508009        |
| M Tu W Th F 10:20 AM-11:35 AM | Jul 8-Jul 12  |
| \$102/5 sessions              | 508010        |
| M Tu W Th F 9:00 AM-10:15 AM  | Jul 29-Aug 2  |
| \$102/5 sessions              | 508011        |
| M Tu W Th F 10:20 AM-11:35 AM | Jul 29-Aug 2  |
| \$102/5 sessions              | 508012        |
| M Tu W Th F 9:00 AM-10:15 AM  | Aug 26-Aug 30 |
| \$102/5 sessions              | 508014        |
| M Tu W Th F 10:20 AM-11:35 AM | Aug 26-Aug 30 |
| \$102/5 sessions              | 508015        |

Tennis Camp

4-5 yrs

Mauro Liceaga Garcia

Run & Fundamentals. Basic Rally, Footwork and Racquet skills with games and scoring, singles and doubles play. Programs allow the players of whatever age and skill to build the basics of movement, racquet skills, and respect for play to prepare for the level of competitive fun they choose. All players play with the best Ball, Court and Racquet Size that will help them succeed.

|                               |               |
|-------------------------------|---------------|
| M Tu W Th F 10:00 AM-11:30 AM | Jul 8-Jul 12  |
| \$140/5 sessions              | 510663        |
| M Tu W Th F 10:00 AM-11:30 AM | Jul 29-Aug 2  |
| \$140/5 sessions              | 510666        |
| M Tu W Th F 10:00 AM-11:30 AM | Aug 12-Aug 16 |
| \$140/5 sessions              | 510667        |

To avoid the disappointment of a cancelled program, register early and invite your friends to join too!



Kids on Wheels Parent & Tot Balance Bike Camp

2-3 yrs

BC Cycling Coalition

Immerse your child in the exhilarating world of cycling with our summer camp designed to spark joy and confidence on two wheels! Our program is tailored to introduce young riders to the thrill of biking while prioritizing safety and riding skills development. We'll focus on familiarizing children with balance bikes and the importance of helmet usage, all while equipping parents with essential knowledge on fostering safe riding habits. Through engaging activities and games, we'll delve into five fundamental skills: stopping, turning, gliding, balancing, and awareness. Our approach ensures that every moment is filled with fun and learning. Balance bikes and helmets are provided, though children are welcome to bring their own gear. Join us for a journey where your child gains confidence and risk management skills, all without the need for training wheels. Parent or caregiver participation is mandatory, ensuring a collaborative and enriching experience for all involved. Let's roll into summer with boundless excitement and newfound biking prowess!

|                               |               |
|-------------------------------|---------------|
| M Tu W Th F 9:30 AM-10:30 AM  | Aug 12-Aug 16 |
| \$120/5 sessions              | 506331        |
| M Tu W Th F 10:45 AM-11:45 AM | Aug 12-Aug 16 |
| \$120/5 sessions              | 506332        |



Kids on Wheels Preschool Balance Bike Camp

3-6 yrs

BC Cycling Coalition

Embark on an adventure-filled journey with our dynamic balance bike camp! Bursting with excitement, our camp offers a variety of engaging activities aimed at building essential riding skills. From thrilling games to navigating our specially designed course, children will practice five key abilities when riding: stopping, turning, gliding, balancing, and environment awareness. Moreover, we'll delve into road signs and safety regulations, dive into captivating storybooks, unleash creativity through art projects, and fine-tune bike mechanics in our mechanic corner. With balance bikes as our trusty companions, children will soar in confidence, enhance risk management skills, and seamlessly transition to pedal bikes'no training wheels necessary! While balance bikes and helmets are provided, participants are welcome to bring their own gear. Plus, parents and caregivers can sit back and relax as their involvement is not required, ensuring children can thrive in a supportive and independent environment. Join us for an unforgettable journey where fun and skill-building collide!

|                              |               |
|------------------------------|---------------|
| M Tu W Th F 12:00 PM-1:00 PM | Aug 12-Aug 16 |
| \$200/5 sessions             | 506333        |

SOCIAL

**Sportball Drop-off Multisport**

3-5 yrs

Sportball Vancouver

Sportball Multi-Sport programs introduce children to the concepts and skills involved in a variety of different ball sports using the Sportball methodology. Classes use developmentally appropriate methods to introduce, practice and refine gross motor skills, in a fun and non-competitive setting. No session Aug 3.

Sa 10:15 AM-11:00 AM Jul 6-Aug 17  
\$90/6 sessions 506633

**Sportball Drop-off Multisport Camp**

3-5 yrs

Sportball Vancouver

Sportball Multi-Sport programs introduce children to the concepts and skills involved in a variety of different ball sports using the Sportball methodology. Classes use developmentally appropriate methods to introduce, practice and refine gross motor skills, in a fun and non-competitive setting.

M Tu W Th F 9:15 AM-10:30 AM Jul 15-Jul 19  
\$105/5 sessions 506639

M Tu W Th F 9:15 AM-10:30 AM Jul 22-Jul 26  
\$105/5 sessions 506641

Tu W Th F 9:15 AM-10:30 AM Aug 6-Aug 9  
\$84/4 sessions 506642

**Sportball Drop-off Soccer Camp**

3-5 yrs

Sportball Vancouver

Kickstart your day! Sportball Outdoor Soccer programs introduce fundamental concepts of game play and teach the basic skills required to bend it like Beckham in a supportive, non-competitive environment. Coaches zero in on skills like throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused games. Please pack a nut free snack and labelled water bottle for each camp day

M Tu W Th F 10:45 AM-12:00 PM Jul 15-Jul 19  
\$105/5 sessions 506644

M Tu W Th F 10:45 AM-12:00 PM Jul 22-Jul 26  
\$105/5 sessions 506657

Tu W Th F 10:45 AM-12:00 PM Aug 6-Aug 9  
\$84/4 sessions 506659

**Sportball Parent and Tot Multisport**

2-3 yrs

Sportball Vancouver

This program is designed to guide parents and their children through the introductory skills in a number of different ball sports. Games and skills are taught in a fun and creative manner by using story lines to encourage participation. All programs are non-competitive and focus on success while building confidence. No session Aug 3.

Sa 9:30 AM-10:15 AM Jul 6-Aug 17  
\$90/6 sessions 506634

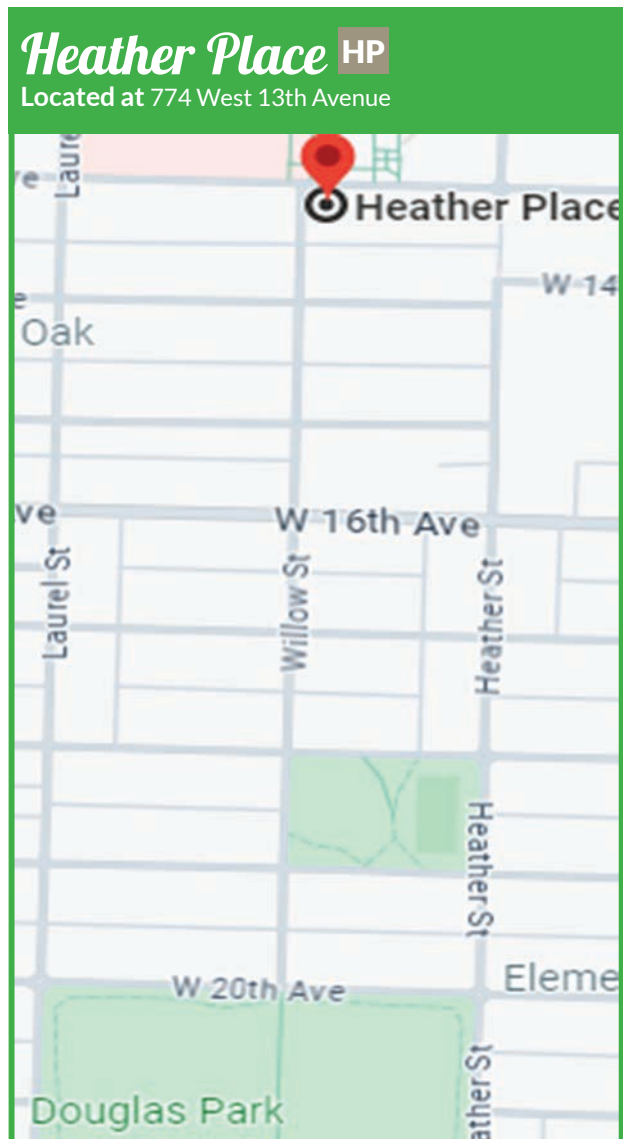
**Babies Only Music Together with Joan** HP

0-8 months

Katherine Deane

Babies love music but did you know they are also natural music-makers? There is a lot you can do to nurture your new 'little musician' even if you don't think of yourself as a 'musical' person. Making music together from the very beginning will lead to a lifetime of shared musical enjoyment for both you and your child. Music Together® Babies Only will start you on the path to becoming a musical family and is specifically designed for infants eight months and younger. This one-semester introduction to Music Together allows babies to embrace, enjoy, and express their inborn musicality while you sing, dance, and play with your child. Parent participation required. Twin siblings attend at a reduced tuition rate. \$58 Music Together Licensing fee is non-refundable after first class. Program is at Heather Place 774 W 13th Ave.

W 3:45 PM-4:30 PM Jul 10-Aug 28  
\$163/7 sessions 510071



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Visit our website! [www.douglasparkcc.org](http://www.douglasparkcc.org)



# Sportball Birthday Party

2-10 yrs

**Sportball Vancouver offers high-energy, action-packed birthday parties for kids ranging in age from 2-10 years!**

Kids enjoy a variety of sports and supervised games in a fun, structured and safe environment; festivities finish off with a traditional birthday celebration. The kids will need to catch their breath before they blow out their candles!

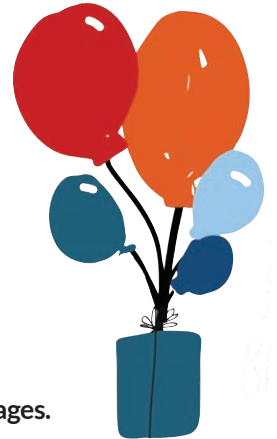
Parent/Guardian participation is required for the duration of the party for ages 2-3 yrs.

Inclusions: Sportball leader, gymnasium, tables, chairs.

15 children maximum for this package.

Up to 25 Kids with 2 Instructors can be added (Additional Fees)

Exclusions: decorations, table settings (plates, cutlery, cups, etc), snacks, food or beverages.



*Saturdays*



Sa 1:00 PM-3:00 PM  
\$270/1 sessions



Jul 6  
508778

Sa 1:00 PM-3:00 PM  
\$270/1 sessions

Jul 13  
508779

Sa 1:00 PM-3:00 PM  
\$270/1 sessions

Jul 20  
508780

Sa 1:00 PM-3:00 PM  
\$270/1 sessions

Jul 27  
508782

Sa 1:00 PM-3:00 PM  
\$270/1 sessions

Aug 10  
508783

Sa 1:00 PM-3:00 PM  
\$270/1 sessions



Aug 17  
508784

Sa 1:00 PM-3:00 PM  
\$270/1 sessions

Aug 24  
508785





### High 5 Sports! Drop-off Camp

6-9 yrs

Hai Doan

Through interactive drills, games, and friendly competitions, children will not only develop their athletic abilities but also learn valuable life skills such as sportsmanship, resilience, and cooperation. This camp promises an unforgettable summer of growth, friendship, and endless fun!

|                             |               |
|-----------------------------|---------------|
| M Tu W Th F 1:00 PM-4:00 PM | Jul 29-Aug 2  |
| \$248/5 sessions            | 508013        |
| M Tu W Th F 1:00 PM-4:00 PM | Aug 26-Aug 30 |
| \$248/5 sessions            | 508016        |

### Sportball Drop-off Multisport

5-7 yrs

Sportball Vancouver

use developmentally appropriate methods to introduce, practice and refine gross motor skills, in a fun and non-competitive setting. No session Aug 3.

|                      |              |
|----------------------|--------------|
| Sa 11:00 AM-11:45 AM | Jul 6-Aug 17 |
| \$90/6 sessions      | 506635       |

### Sportball Drop-off Multisport Camp

5-7 yrs

Sportball Vancouver

Classes use developmentally appropriate methods to introduce, practice and refine gross motor skills, in a fun and non-competitive setting. Please pack a nut free snack and labelled water bottle for each camp day.

|                             |               |
|-----------------------------|---------------|
| M Tu W Th F 1:00 PM-4:00 PM | Jul 15-Jul 19 |
| \$215/5 sessions            | 506677        |
| M Tu W Th F 1:00 PM-4:00 PM | Jul 22-Jul 26 |
| \$215/5 sessions            | 506679        |
| Tu W Th F 1:00 PM-4:00 PM   | Aug 6-Aug 9   |
| \$172/4 sessions            | 506680        |

### Tennis at Heather Park

Mauro Liceaga Garcia

Programs allow the players of whatever age and skill to build the basics of movement, racquet skills, and respect for play to prepare for the level of competitive fun they choose.

6-8 yrs

|                              |               |
|------------------------------|---------------|
| M Tu W Th F 11:30 AM-1:00 PM | Jul 8-Jul 12  |
| \$140/5 sessions             | 510668        |
| M Tu W Th F 11:30 AM-1:00 PM | Jul 29-Aug 2  |
| \$140/5 sessions             | 510669        |
| M Tu W Th F 11:30 AM-1:00 PM | Aug 12-Aug 16 |
| \$140/5 sessions             | 510670        |

7-11 yrs

|                     |               |
|---------------------|---------------|
| M W 3:00 PM-4:45 PM | Aug 12-Aug 21 |
| \$130/4 sessions    | 510647        |

9-16 yrs

|                             |               |
|-----------------------------|---------------|
| M Tu W Th F 1:30 PM-4:00 PM | Jul 8-Jul 12  |
| \$230/5 sessions            | 510671        |
| M Tu W Th F 1:30 PM-4:00 PM | Jul 29-Aug 2  |
| \$230/5 sessions            | 510672        |
| M Tu W Th F 1:30 PM-4:00 PM | Aug 12-Aug 16 |
| \$230/5 sessions            | 510673        |

### Street Hockey Day Camp

6-15 yrs

Ron Way

Goggles are provided as well as sticks. You can bring your own stick, as long as it's not a wooden blade. Goalies are welcome! Equipment provided if needed. Please note: Child has to have completed Kindergarten to participate in this program. Each team has a 'little line' 6-8 yrs. a medium line 9-12 and a big line 12-16. Drop-in \$30 if space available. Drop-in's need to complete a waiver.

|                       |               |
|-----------------------|---------------|
| W F 9:00 AM-1:00 PM   | Jul 3-Jul 5   |
| \$60/2 sessions       | 506286        |
| M W F 9:00 AM-1:00 PM | Jul 8-Jul 12  |
| \$90/3 sessions       | 506287        |
| M W F 9:00 AM-1:00 PM | Jul 15-Jul 19 |
| \$90/3 sessions       | 506288        |
| M W F 9:00 AM-1:00 PM | Jul 22-Jul 26 |
| \$90/3 sessions       | 506290        |
| M W F 9:00 AM-1:00 PM | Jul 29-Aug 2  |
| \$90/3 sessions       | 506291        |
| W F 9:00 AM-1:00 PM   | Aug 7-Aug 9   |
| \$60/2 sessions       | 506292        |
| M W F 9:00 AM-1:00 PM | Aug 12-Aug 16 |
| \$90/3 sessions       | 506293        |
| M W F 9:00 AM-1:00 PM | Aug 19-Aug 23 |
| \$90/3 sessions       | 506295        |

### Coerver Coaching Soccer Camp

5-14 yrs

Coerver BC

Focus on individual skills development and small group play. Classes held outdoors at Douglas Park Field.

|                              |               |
|------------------------------|---------------|
| M Tu W Th F 9:00 AM-12:00 PM | Aug 19-Aug 23 |
| \$225/5 sessions             | 508006        |

### Pickleball Camp 4 Kids

Sharon Hoy

Great for developing hand-eye coordination, and also for building self-esteem and confidence. Kids will have fun playing pickleball. Skills and rules will be taught progressively. Children will learn how to dink, volley, serve, hit ground strokes and play fun games. For safety reasons, it is advisable that children bring and wear their own safety goggles. Paddles and balls will be supplied.

8-10 yrs

|                              |              |
|------------------------------|--------------|
| Tu W Th F 12:00 PM-1:15 PM   | Jul 2-Jul 5  |
| \$80/4 sessions              | 506542       |
| M Tu W Th F 12:00 PM-1:15 PM | Jul 8-Jul 12 |
| \$100/5 sessions             | 509717       |

10-13 yrs

|                             |              |
|-----------------------------|--------------|
| Tu W Th F 1:15 PM-2:30 PM   | Jul 2-Jul 5  |
| \$80/4 sessions             | 506543       |
| M Tu W Th F 1:15 PM-2:30 PM | Jul 8-Jul 12 |
| \$100/5 sessions            | 509718       |



**Heather Park**  
 Located at 702 W 18th Ave  
 Note: Outdoor tennis lessons do not run if it is raining because it is not safe to play on wet and slippery courts.

## VISUAL ART

**Kids Pottery Camp**

8-12 yrs

Enjoy a fun-filled week of pottery and fun! An overview of hand-building (table) and throwing (pottery wheel) techniques will be taught. Suitable for returning students and beginners. Please note this camp includes outdoor play time.

Laura Van Der Linde

Tu W Th F 9:00 AM-12:00 PM Jul 2-Jul 5

\$220/4 sessions 506096

M Tu W Th F 1:00 PM-4:00 PM Jul 8-Jul 12

\$275/5 sessions 506097

M Tu W Th F 1:00 PM-4:00 PM Aug 12-Aug 16

\$275/5 sessions 506098

M Tu W Th F 9:00 AM-12:00 PM Aug 19-Aug 23

\$275/5 sessions 506099

Gus Brown

M Tu W Th F 9:00 AM-12:00 PM Jul 15-Jul 19

\$275/5 sessions 510502

M Tu W Th F 1:00 PM-4:00 PM Jul 22-Jul 26

\$275/5 sessions 510504

M Tu W Th F 9:00 AM-12:00 PM Jul 29-Aug 2

\$275/5 sessions 510505

**Art Camp: Animal Kaleidoscope**

6-12 yrs

Alex Lam

Do you dream of going to the jungle? This art camp is perfect for those who dream of adventure! Kids will explore different animals that inhabit the Safari. For examples, the biggest land animal, the longest neck animal, the heavy the heavy giant, but runs very fast animal, very fast animal, the powerful big cat animal, etc. As kids create their art work, they will explore new ideas, new techniques, learn about color and shape, and experiment with a variety of art media. Art supplies are included.

Tu W Th F 9:30 AM-2:45 PM Aug 6-Aug 9

\$225/4 sessions 497159

**Art Camp: Ocean Microscope**

6-12 yrs

Alex Lam

Do you want to meet new friends in the Ocean? There are many wonderful creatures that live in the ocean. Fish are not the only things found there. Maybe you'll see jiggling jellyfish, tickly octopus, thorny seahorse, pinching crab, clicking sound of dolphins, and amazing creatures in the deep sea. Kids will learn to draw, color, and create 3D art, as well as create paintings with watery scenes of the Ocean! This art camp provides children with fun ways to engage their creative minds through visual art activities. Art supplies are included.

M Tu W Th F 9:30 AM-2:45 PM Jul 29-Aug 2

\$280/5 sessions 497155

**Note:**

Please send your child with snacks, and water bottle each day of camp. Send child with lunch if camp is longer than 3 hours.



## PERFORMING ART

**Make-A-Musical Day Camp** TAP

7-14 yrs

Vancouver Performing Stars

In this intensive "create-a-musical" full day camp, students will be immersed in the world of musical theatre. Sing, dance, act with our energetic instructors leading the way to create a mini production! Students should bring a lunch, water bottle and craft supplies. Day camp held at Tapestry Community Rooms, 2821 Heather St.

M Tu W Th F 9:30 AM-3:30 PM Aug 19-Aug 23

\$330/5 sessions 498953

**VPS Musical Day Camp "Wish"** TAP

6-12 yrs

Vancouver Performing Stars

Immerse yourself in the world of musical theatre! In this fun-filled week of singing, acting and dancing, students will create a mini musical for a parent presentation on the last day. All children must be able to participate without an adult present and should bring a small snack, water and craft supplies. Day camp held at Tapestry Community Rooms, 2821 Heather St.

M Tu W Th F 9:30 AM-3:30 PM Jul 8-Jul 12

\$330/5 sessions 498952

**Magic Camp** TAP

7-13 yrs

John Kaplan

Youngsters will be taught how to do mind-boggling magic tricks and be able to astound their family and friends. They will see live presentations of magic, learn principals of sleight-of-hand, misdirection techniques, how to practice and perform magic. Day camp held at Tapestry Community Rooms, 2821 Heather St.

M Tu W Th F 9:00 AM-11:30 AM Jul 15-Jul 19

\$152.5/5 sessions 506549

**Act, Dance, Sing FUN! Camp** TAP

5-13 yrs

ILLUMA Studio

Learn the technical and artistic aspects of a musical theatre performance, including minimal singing, acting and dancing. Students will learn choreographed routines set to the music of famous musicals. Learn teamwork while supporting classmates, have fun, and rise to a new challenge!

M Tu W Th F 12:30 PM-3:30 PM Jul 15-Jul 19

\$225/5 sessions 510579

M Tu W Th F 12:30 PM-3:30 PM Jul 29-Aug 2

\$225/5 sessions 510580

**Active Hip Hop, Jazz Funk, Pop Dance, Stretch Strength Camp** TAP

5-13 yrs

ILLUMA Studio

Learn the technical and artistic aspects of a musical theatre performance, including minimal singing, acting and dancing. Students will learn choreographed routines set to the music of famous musicals. Learn teamwork while supporting classmates, have fun, and rise to a new challenge! No previous experience required; content is accessible and adapted to the learner's level. Learned skills showcasing will be announced during the camp.

M Tu W Th F 9:30 AM-12:30 PM Jul 29-Aug 2

\$225/5 sessions 510581

**Science For Camp**

9-12 yrs

Science For

Work with a real scientist to run experiments, discover the wonders of nature, create feats of engineering, explore the universe, and more this summer break! We enjoy working with children of all backgrounds from science beginners to those who already have some STEM experience. We welcome ELL students and those with special needs. We encourage everyone to ask questions, explore new ideas, and make mistakes, just as real scientists do.

Tu W Th F 9:00 AM-12:00 PM Jul 2-Jul 5  
 \$180/4 sessions 510538  
 Tu W Th F 1:00 PM-4:00 PM Jul 2-Jul 5  
 \$180/4 sessions 510539

**Bricks 4 Kidz - LEGO Bricks Birds and Barbarians Camp** TAP

5-10 yrs

Bricks 4 Kidz Vancouver

Gather your birds and barbarians, it's time for battle! Launch your birds to knock down brawny barbarians, greedy goblins, and wild wall breakers. Using Bricks 4 Kidz® building instructions, campers use classic LEGO bricks, LEGO Technic, and electric motors to construct 1 - 3 projects per session. Campers will be given a break for an optional snack from home.

M Tu W Th F 9:30 AM-12:30 PM Jul 15-Jul 19  
 \$220/5 sessions 506101  
 M Tu W Th F 1:00 PM-4:00 PM Jul 15-Jul 19  
 \$220/5 sessions 506102

**Bricks 4 Kidz - LEGO Mining & Crafting** TAP

5-10 yrs

Bricks 4 Kidz Vancouver

Experience the world of Minecraft with LEGO® bricks! Using Bricks 4 Kidz® building instructions, campers use classic LEGO bricks, LEGO Technic, and electric motors to construct 1 - 3 projects per session. Campers will be given a break for an optional snack from home.

M Tu W Th F 9:30 AM-12:30 PM Jul 29-Aug 2  
 \$220/5 sessions 506103  
 M Tu W Th F 1:00 PM-4:00 PM Jul 29-Aug 2  
 \$220/5 sessions 506104

**Bricks 4 Kidz - LEGO Ninjas Extreme** TAP

5-10 yrs

Bricks 4 Kidz Vancouver

Ninjas...GO! Get ready to use your Spinjitzu skills to fight for honor and establish peace. Using Bricks 4 Kidz® building instructions, campers use classic LEGO bricks, LEGO Technic, and electric motors to construct 1 - 3 projects per session. Campers will be given a break for an optional snack from home.

M Tu W Th F 9:30 AM-12:30 PM Aug 19-Aug 23  
 \$220/5 sessions 506105  
 M Tu W Th F 1:00 PM-4:00 PM Aug 19-Aug 23  
 \$220/5 sessions 506106

**Byte Camp - Claymation Movie Production** TAP

9-12 yrs

Byte Camp

Make your own clay characters come to life, just like Shaun the Sheep! Participants will work to build their own clay characters, sets and props; develop their own script; shoot their movie scenes; and then learn to edit and add sounds and special effects to complete the whole project. Don't worry parents, there will be plenty of time devoted to outdoor games and activities!

M Tu W Th F 9:00 AM-4:00 PM Jul 8-Jul 12  
 \$395/5 sessions 506539

**EFK Camp: 3D Printing with Minecraft Creations**

8-14 yrs

Engineering For Kids Vancouver

3D printing and Minecraft both represent boundless opportunity for creating even our wildest of ideas! In 3D Printing: Minecraft Creations, students will explore the basic concepts of 3D printing and computer-aided design, or CAD, to bring their most awesome Minecraft creation to life! Students will take their Minecraft design out of the world of Minecraft and learn how to extrude it into a 3D model that can then be modified to be printed in 3D. Please send child with snacks, lunch, and water bottle each day and dress appropriately for the weather.

Tu W Th F 9:30 AM-3:00 PM Jul 2-Jul 5  
 \$320/4 sessions 505874

**EFK Camp: Build 'n' Bash**

8-14 yrs

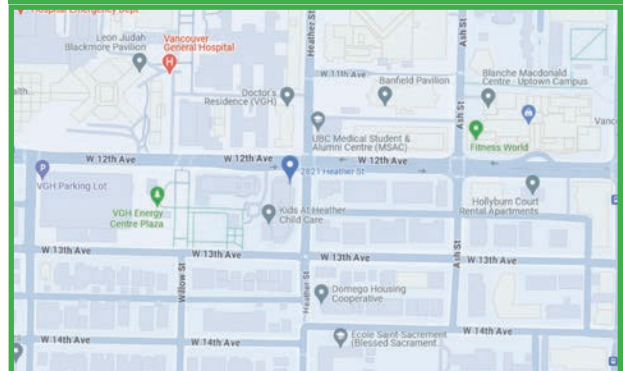
Engineering For Kids Vancouver

Discover how civil engineers build strong structures... and what it takes to make them break! In this week-long camp, students will design and construct structures and push them to their limits through thrilling experiments involving crushing, catapulting, collisions, and earthquakes. Experience the excitement of engineering as you design, build, and destroy what you've made, all guided by the EFK Engineering Design Process. Join us for a week of smashing innovation and engineering excitement! Please send child with snacks, lunch, and water bottle each day and dress appropriately for the weather.

M Tu W Th F 9:30 AM-3:00 PM Jul 22-Jul 26  
 \$400/5 sessions 505917  
 M Tu W Th F 9:30 AM-3:00 PM Aug 12-Aug 16  
 \$400/5 sessions 505946

*Tapestry Community Rooms*

Located at 2821 Heather St. TAP



All prices subject to GST where applicable.

## EDUCATION

**EFK Camp: Esports League: Epic Arenas**

8-14 yrs

Engineering For Kids Vancouver

Students will get the opportunity to play prototype arena layouts in the Rocket Labs mode with a virtual reality-inspired aesthetic. Students will also learn how everything in-game relates to the real-world through physics, aerodynamics, and more! Throughout the week, students will work in teams and compete against each other.

M Tu W Th F 9:30 AM-3:00 PM

Jul 29-Aug 2

\$400/5 sessions

505919

**EFK Camp: Jr. Inventor's Workshop** 6-12 yrs

Engineering For Kids Vancouver

Children will learn new concepts and engineering-related vocabulary using colorful picture books and by completing exciting, hands-on engineering challenges following EFK's Engineering Design Process.

M Tu W Th F 9:30 AM-3:00 PM

Aug 19-Aug 23

\$400/5 sessions

505935

**EFK Camp: Master Machines**

8-14 yrs

Engineering For Kids Vancouver

Students will work as mechanical engineers using EFK's Engineering Design Process to create thrilling hands-on projects that spin, cascade, launch, pivot, dig, and race. These projects will demonstrate fascinating concepts, such as hydraulics, and friction.

M Tu W Th F 9:30 AM-3:00 PM

Aug 26-Aug 30

\$400/5 sessions

505942

**EFK Camp: Wired Wonders**

6-12 yrs

Engineering For Kids Vancouver

Students will explore engineering challenges in electricity, magnetism, and circuits and put their creations to the test using the EFK Engineering Design Process in a fun collaborative environment. Get ready to charge into an unforgettable week!

M Tu W Th F 9:30 AM-3:00 PM

Aug 6-Aug 9

\$320/4 sessions

505933

**EFK Camp: World Game Engineering** 6-12 yrs

Engineering For Kids Vancouver

Students will explore a wide variety of science and engineering concepts related to various athletic events while applying EFK's Engineering Design Process.

M Tu W Th F 9:30 AM-3:00 PM

Jul 8-Jul 12

\$400/5 sessions

505875

**Note:**

Please send your child with snacks, and water bottle each day of camp. Send child with lunch if camp is longer than 3 hours.

**EFK: Space Camp: Martian Engineering Expedition**

8-14 yrs

Engineering For Kids Vancouver

Through hands-on challenges, students will learn about the technology and innovation required for human habitation on Mars. From designing spacecraft to creating sustainable habitats, they'll apply creativity, problem-solving, and EFK's Engineering Design process to tackle practical engineering problems inspired by NASA's groundbreaking missions.

M Tu W Th F 9:30 AM-3:00 PM

Jul 15-Jul 19

\$400/5 sessions

505916

**STEAM4Kids - CSI Lab Camp** **NEW**

6-11 yrs

STEAM 4 KIDS

STEAM4Kids inspires imaginative learning! Enter the mysterious and multifaceted world of CSI Lab. Come discover detection - use decoding skills to analyze evidence and become a mystery solver. Have fun with case-breaking science!

M Tu W Th F 9:00 AM-3:00 PM

Jul 8-Jul 12

\$358/5 sessions

506767

**STEAM4Kids - Inventors & Inventions Camp** **NEW**

6-11 yrs

STEAM 4 KIDS

Children will overcome a series of challenges using basic materials, simple machines, tips from famous inventors and the most important of all ' their mind. With a little bit of ingenuity children will create catapults and forts, construct working light sticks to take home and assemble a set of circuits with batteries and light bulbs.

M Tu W Th F 9:00 AM-3:00 PM

Jul 22-Jul 26

\$358/5 sessions

506681

**STEAM4Kids - Space Explorers Camp** 6-11 yrs

STEAM 4 KIDS

Discover the science needed for rockets and learn what it takes to study space from the ground and from the air, as well as experiencing the life of an astronaut. Explore the farthest reaches of our solar system and the various space phenomena.

M Tu W Th F 9:00 AM-3:00 PM

Aug 19-Aug 23

\$358/5 sessions

506682

## PHYSICAL RECREATION

**Open Gym**

11-14 yrs

No Instructor

Drop in for a game of soccer, or half-court basketball! Register to reserve your spot.

F 3:15 PM-4:15 PM

Jul 5-Aug 30

FREE/9 sessions

511584

**Youth Co-Ed Basketball**

10-13 yrs

Andrew Tsuji

Considering starting your basketball journey or improving your skills? Join this fun and exciting CO-ED basketball program for youth, 10-13! All skill levels are welcome.

W 5:00 PM-6:15 PM

Jul 10-Aug 21

\$72/7 sessions

508834

## Tennis - Beginner

12-16 yrs

Mauro Liceaga Garcia

Programs allow the players of whatever age and skill to build the basics of movement, racquet skills, and respect for play to prepare for the level of competitive fun they choose.

Tu Th 3:00 PM-4:30 PM

Jul 2-Jul 11

\$112/4 sessions

510645

Tu Th 3:00 PM-4:30 PM

Aug 13-Aug 22

\$112/4 sessions

510646

## EDUCATION

### Red Cross Stay Safe Training

11-15 yrs

First Aid Hero

Do you or your parents want to feel confident knowing you are responsible on your own and have the skills to deal safely with an emergency situation. This workshop involves First Aid, Active role-play and Interactive fun! Please bring a pencil, nut-free lunch and medium-sized doll or teddy bear.

Sa 9:15 AM-3:15 PM

Jul 20

\$72/1 sessions

494304

Sa 9:15 AM-3:15 PM

Aug 17

\$72/1 sessions

494307

### Byte Camp - 2D Video Game Design

11-14 yrs

Byte Camp

Learn how to build a 2D game from the ground up using Godot, an awesome free software that uses a coding language similar to python. This is a coding camp, so be prepared to challenge yourself and learn some new skills. Time will be spent learning how to create advanced 2D vector artwork and animated character sprites to make your game look great. Some coding experience or Byte Camp's - Intro to Coding is recommended as a prerequisite.

M Tu W Th F 9:00 AM-4:00 PM

Jul 15-Jul 19

\$395/5 sessions

506540

## MARTIAL ARTS

### Traditional Kung Fu - Advanced

6-18 yrs

Marquis Lung

Learn traditional forms of Kung Fu, weapons, non-contact sparring and self-defence. A member fee for the Northern Shaolin Lung Chi Cheung Association is included in program course fee. This class meets twice a week on Tuesdays and Fridays. Please visit a session for appropriate skill level prior to registration. [www.northernshaolin.com](http://www.northernshaolin.com).

**Beginner**

Tu F 4:30 pm-5:45 pm

Jul 05-Aug 09

\$147/11 sessions

510603

**Intermediate**

Tu F 4:30 pm-6:15 pm

Jul 05-Aug 09

\$158/11 sessions

510686

**Advanced**

Tu F 4:30 pm-6:30 pm

Jul 05-Aug 09

\$169/11 sessions

510602

## SOCIAL

### Friday Fun

11-14 yrs

Youth Leader

Spend your Friday nights with our awesome youth staff! We will be going on out-trips and completing some activities on site. Fee is calculated on \$5.00 per/week and includes all out-trips! Consent forms will need to be completed by all participants. Activities TBA

F 6:00 pm-8:45 pm

Jul 05-Aug 16

\$35/7 sessions

510596



## YOUTH LEADERSHIP

### Summer Leadership Day Camp

11-14 yrs

Youth Leader

Youth will be engaged in developing leadership skills such as, teamwork, communication skills, goal setting and encouraging the development of a healthy mind. Each day will be filled with various activities as well as out trips. Please pack a nut free snack, lunch and a pre-filled water bottle for your child each day and dress appropriately for the weather.? For the safety of your child, Parental Consent Forms must be completed and received at the centre prior or on the day of your child's first day in camp.? Children will not be permitted in the program until the completed form is received

**Week 1**

Tu W Th F 10:00 am-4:00 pm

Jul 02-Jul 05

\$152/4 sessions

510587

**Week 2**

M Tu W Th F 10:00 am-4:00 pm

Jul 08-Jul 12

\$190/5 sessions

510588

**Week 3**

M Tu W Th F 10:00 am-4:00 pm

Jul 15-Jul 19

\$190/5 sessions

510589

**Week 4**

M Tu W Th F 10:00 am-4:00 pm

Jul 22-Jul 26

\$190/5 sessions

510591

**Week 5**

M Tu W Th F 10:00 am-4:00 pm

Jul 29-Aug 02

\$190/5 sessions

510592

**Week 6**

Tu W Th F 10:00 am-4:00 pm

Aug 06-Aug 09

\$152/4 sessions

510593

**Week 7**

M Tu W Th F 10:00 am-4:00 pm

Aug 12-Aug 16

\$190/5 sessions

510594

**Week 8**

M Tu W Th F 10:00 am-4:00 pm

Aug 19-Aug 23

\$190/5 sessions

510595

All prices subject to GST where applicable.



# Play ground & Wading Pool

opens  
Tuesday July 2  
Monday to Saturday  
Mon-Wed: 11:30am-5:30pm  
Thu-Fri: 11:30am-7:30pm  
Sat: 11:30am-3:30pm

Come enjoy a variety of activities, games, crafts and theme days led by our Playground Leaders.

Wading pool hours of operation may be affected by inclement weather. Schedule subject to change.



# Douglas Park Community Day

Saturday  
June 22  
11am-3pm

Come join us for our Douglas Park Community Day festivities! There will be games, food, bouncy castle, and performances in the park for an afternoon of fun!

# Looking for a space to hold a private function?

*Located on a beautiful park with sports fields and a playground.*

*Douglas Park Community Centre offers a variety of rooms for hosting various events.*

## How To:

- To inquire or to book a room, email: [DouglasPark.CommunityCentre@vancouver.ca](mailto:DouglasPark.CommunityCentre@vancouver.ca)

## Rental Guidelines

- Rental times include set-up and clean up time.
- No after-hours' rentals available.
- Full payment for all rentals is required 7 days in advance, in order to secure booking.
- The rental group is responsible for their event set-up and the removal of all their decorations.
- Full refunds will be provided if bookings are cancelled more than 3 days in advance. Cancellations requested within three days prior to the rental date will be subject to a 50% cancellation fee; only 50% of the amount paid will be refunded.
- Rental groups may require adequate public liability and property damage insurance for their event.
- Collection of SOCAN (Society of Composers, Authors and Music Publishers of Canada) fees for all rental groups that play or perform copyrighted music. Groups will be charged the current SOCAN rate.
- BCLD special occasion permit and serving it right is needed for any alcohol beverage function.
- Fridge/kitchen area may be available upon request.

## Inclusions

- Tables(2.5 ft x 6ft) and chairs

## Exclusions

- Set-up & clean-up, table cloths, dishes/cutlery, play gym & audio/visual equipment (toys, music player, tv, projector).

| Room           | Capacity | Dimensions  | Hourly Rate |
|----------------|----------|-------------|-------------|
| Gymnasium      | 100      | 45ft x 65ft | \$45/hr     |
| Douglas Lounge | 50       | 33ft x 27ft | \$45/hr     |
| Laurel Room    | 30       | 22ft x 45ft | \$35/hr     |
| Heather Room   | 20       | 14ft x 21ft | \$25/hr     |
| Willow Room    | 5        | 9ft x 14ft  | \$20/hr     |



Douglas Lounge



Gymnasium



Laurel Room



Heather Room

All prices subject to GST where applicable.

PHYSICAL RECREATION

**Tennis - Beginner**

19+ yrs

Mauro Liceaga Garcia

Never Played Before, Never touched a racquet! If you can rally-do not take this program. Players use low compression balls and are taught a very successful Beginner to Novice Skill Package and how to 'Play and Have Fun'Keep the Fun and run in your game though play and competition. Players in all levels have opportunities to get into classes through the Spring and Summer. Beginner and Novice and Novice Plus levels follow the Learn and Play Program focusing on foundational skills-Footwork; Ground Strokes & Serve: Intermediate players are assessed, given individual skill development goals and practice these through drills and competition.

Tu Th 6:45 PM-8:15 PM

Jul 2-Jul 11

\$138/4 sessions

[510641](#)

Tu Th 6:45 PM-8:15 PM

Aug 6-Aug 15

\$138/4 sessions

[510643](#)



**Tennis - Intermediate**

19+ yrs

Mauro Liceaga Garcia

You can play matches, singles and or doubles: You can serve, volley, and rally both sides. 'YOU WANT MORE' Coaches set individual goals; Stroke Improvement and more Evil and planned strategies will help you get more game & fun!

Tu Th 5:00 PM-6:30 PM

Jul 2-Jul 11

\$138/4 sessions

[510650](#)

Tu Th 5:00 PM-6:30 PM

Aug 6-Aug 15

\$138/4 sessions

[510652](#)

**Tennis - Novice**

19+ yrs

Mauro Liceaga Garcia

You can rally the real ball, however you recognize that you would have more fun if you were consistent in all strokes. Intermediate players are assessed, given individual skill development goals and practice these through drills and competition.

Tu Th 6:45 PM-8:15 PM

Jul 2-Jul 11

\$138/4 sessions

[510657](#)

Tu Th 6:45 PM-8:15 PM

Aug 6-Aug 15

\$138/4 sessions

[510658](#)

**Tennis - Novice Plus**

19+ yrs

Mauro Liceaga Garcia

Get Fit: Learn New Skills: Novice Plus is where even more fun begins. Top Spin for your forehand, slice for the backhand and a consistent serve. Players will be introduced to tactics and strategies for singles and doubles.

Tu Th 5:00 PM-6:30 PM

Jul 2-Jul 11

\$138/4 sessions

[510660](#)

Tu Th 5:00 PM-6:30 PM

Aug 6-Aug 15

\$138/4 sessions

[510661](#)

**Pickleball Drop-in Procedures**



1. First priority of play given for those who are registered
2. Drop-in's only if space available
3. Drop-in's will be placed onto a wait list 15 minutes before start time, in-person at the front desk
4. Registered participants have until 10 minutes past the start time before their spot is sold

**Pickleball - Recreational**

55+ yrs

No Instructor

Pickleball is a combination of Ping-Pong, tennis, and badminton and has been enjoyed for over 20 years by people of all ages. This mini-tennis game is played by 2 people on a badminton-sized court using wood paddle racquets and a plastic, poly baseball with holes. This is for the beginner or recreational player and not for those that are competitive or advanced. Drop-in \$4 if space available. No session May 20.

Tu 7:00 PM-8:45 PM

Jul 2-Aug 20

\$26.67/8 sessions

[511678](#)

VISUAL ART

**Adult Pottery - Intermediate and Advanced**

19+ yrs

Take your throwing and hand-building skills to the next level in this class. Learn to hand-build and/or throw larger and more complex forms, improve piece throwing skills through repetition and development drills, and build a repertoire of surface decorating techniques including texturing, carving, sgraffito and photo lithography. Experience recommended. Purchase clay at the first class. No class Aug 7 and 8.

Sarah Cherin

M 5:30 PM-8:30 PM

Jul 8-Aug 19

\$257.14/6 sessions

[511738](#)

Tu 5:30 PM-8:30 PM

Jul 2-Aug 20

\$342.86/8 sessions

[511739](#)

Robyn Williams

W 5:45 PM-8:45 PM

Jul 10-Aug 21

\$257.14/6 sessions

[510311](#)

Th 5:45 PM-8:45 PM

Jul 11-Aug 22

\$257.14/6 sessions

[510312](#)

**Coptic Bookbinding**

19+ yrs

Suzan Lee

An Ancient Egyptian technique for binding a book that requires no glue or paste. Its strength is proven when you flip and clap the covers together (like a sketchbook) and it refuses to weaken. Ideal for painting or sketching. No prior experience is necessary. All materials and tools are provided.

Th 6:15 PM-8:45 PM

Jul 4

\$56.95/1 sessions

[508835](#)



**Longstitch Leather Bookbinding**

19+ yrs

Suzan Lee

Learn a Medieval technique practiced by both guild bookbinders and laymen. Straight forward stitching results in a complex visual that resembles the many stringed mandolin. Students will complete a leather bound book ideal for artwork or journaling. No prior experience is necessary. All materials and tools will be provided.

Th 6:15 PM-8:45 PM

\$64.95/1 sessions

Aug 15

511363

**Watercolour 101**

19+ yrs

Chloe Greenberg

Learn brushstrokes, explore wet-on-wet and dry-brush techniques, and understand colour mixing, tonal value, and harmony. You'll gain the experience you need through creative exercises and projects to unleash your artistic creativity. By the end of this program, you'll have a solid foundation in watercolour painting and the ability to create captivating artwork. Visit [www.chloegreenberg.com/artsupplylist](http://www.chloegreenberg.com/artsupplylist) [[chloegreenberg.com](http://chloegreenberg.com)] for a list of supplies you will need. Start your watercolour adventure today!

Tu 6:15 PM-8:15 PM

\$170/5 sessions

Jul 9-Aug 6

510892

**Watercolour Workshop**

19+ yrs

Chloe Greenberg

Join this beginner-level watercolour class to learn basic watercolour techniques before painting your very own painting! All supplies are included. Watercolour can be a tricky medium, but you will be guided through the process with step-by-step instructions and will receive the attention and support you need along the way. Visit [chloegreenberg.com](http://chloegreenberg.com) to learn more about your instructor.

M 6:15 PM-8:15 PM

\$50/1 sessions

Jul 15

510897

M 6:15 PM-8:15 PM

\$50/1 sessions

Jul 29

510898

**Fun with Watercolours All Levels:**

19+ yrs

Chloe Greenberg

This program is designed to help support you wherever you are in your watercolour journey. If you're new, you'll be guided with instructions. If you know some basics or are at a more advanced level, you will receive individual support when needed. Supply list: Intermediates - bring what you have, and we can discuss it in the first session. Beginners - visit [www.chloegreenberg.com/artsupplylist](http://www.chloegreenberg.com/artsupplylist) [[chloegreenberg.com](http://chloegreenberg.com)]

W 6:15 PM-8:15 PM

\$170/5 sessions

Jul 11-Aug 8

510896

**FITNESS****Outdoor Zumba**

19+ yrs

Perfect for everybody and every body! Each Zumba® class is designed to bring people together to sweat it out. A total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Drop-in \$14.

Maira Daiha

Tu 9:30 AM-10:30 AM

\$60/5 sessions

Jul 2-Jul 30

510068

Asal Nikoopour

Th 9:30 AM-10:30 AM

\$60/5 sessions

Jul 4-Aug 1

508499

**Zumba**

19+ yrs

Maira Daiha

Perfect for everybody and every body! Each Zumba® class is designed to bring people together to sweat it out. A total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Drop-in \$14.

Th 7:00 PM-8:00 PM

\$48/4 sessions

Jul 4-Jul 25

510069

**Zumba Gold**

19+ yrs

Asal Nikoopour

Zumba Gold is a low-impact dance-fitness class for beginners and seniors that uses fun music with easy-to-follow move to create a dynamic and fun fitness class. Zumba Gold classes strive to improve our strength, balance, flexibility and most importantly, the heart. Come ready to sweat and prepare to leave feeling empowered and stronger. Drop in \$14

F 11:45 AM-12:40 PM

\$60/5 sessions

Jul 5-Aug 2

508500

**Yin Yoga**

19+ yrs

Jeannie Chan

Yin Yoga is a style of slow-paced yoga that involves long holds in various seated and reclined poses to access deeper layers of fascia and a quieting of the mind. Beginners and regular yoga practitioners are welcome. Drop-in \$23 if space available.

W 7:15 PM-8:15 PM

\$126/6 sessions

Jul 3-Aug 7

510758

**Relaxation Techniques with Rossana** 19+ yrs

Rossana Mariezcurrena

Come and learn this relaxation technique that can be used in everyday life. We can become more aware of signs of stress so we can reduce them before sickness comes. It helps coping with stressful situations, cravings for smoking, eating, sleeping problems, exam situations, improves focus of attention, it reduces shyness, skin problems due to stress, psoriasis, allergies and negative emotions due to unpleasant situations. It is a very practical technique easy to put into practice on the spot. Bring mat, blanket to lie on and cover up in case you feel cold and a voice recording device.

M 6:30 PM-8:30 PM

\$85.71/2 sessions

Jul 22-Jul 29

511647

To avoid the disappointment of a cancelled program, register early and invite your friends to join too!



All prices subject to GST where applicable.

FITNESS CONT'D

**Yoga for Aging Well** HP

55+ yrs

Joan DeVerteuil

As we move through time, we need to keep moving our bodies. Whether you're brand new to yoga or a seasoned practitioner, this all-levels yoga class is ideal for you. Your safety, and a pain-free practice, are of highest priority. Yoga can improve your flexibility, mobility, balance, bone density, and strength. In addition to physical health benefits, yoga has a calming effect on the mind and nervous system. No session Aug 14. Program is at Heather Place 774 W 13th Ave.

W 5:00 PM-6:00 PM

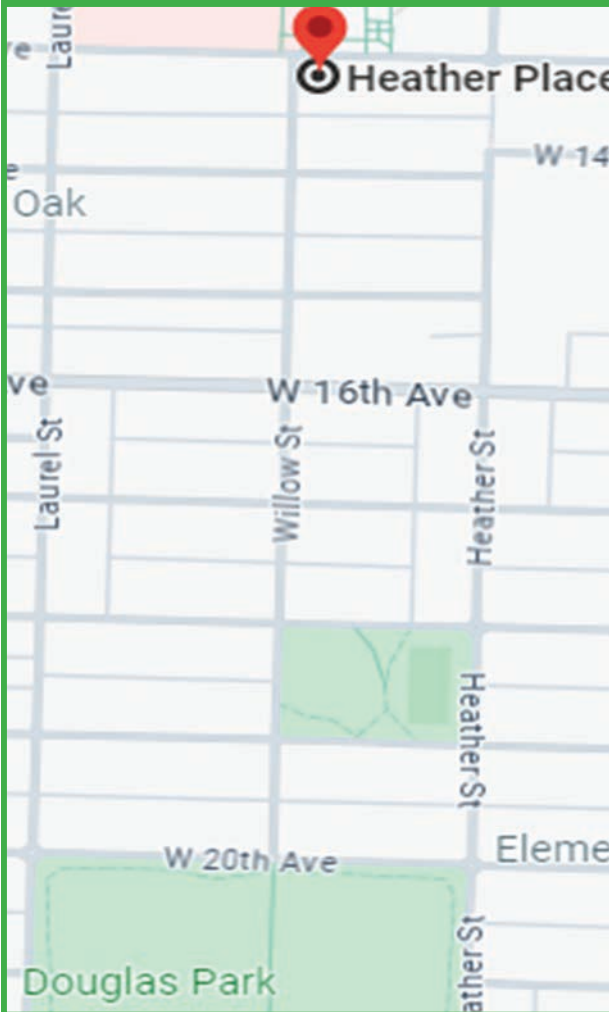
Jul 10-Aug 28

\$98/7 sessions

510586

**Heather Place** HP

Located at 774 West 13th Avenue



Follow us! @DOUGLASPARKCC

Visit our website! [www.douglasparkcc.org](http://www.douglasparkcc.org)

LANGUAGE

**Spanish Conversation Intermediate with Rossana**

19+ yrs

Rossana Mariezcurrena

Come and practice, have fun speaking Spanish with role playing of situations and talking about topics. An opportunity to put into practice what you have learned and learn much more in a practical manner. It's just to start and lose fear of speaking. Learning languages improves cognitive functions. Low medium and medium level of knowledge or if you are patient you could fit also if you have another level. Drop in \$20. No session Aug 5

Th 6:30 PM-7:45 PM

Jul 4-Aug 22

\$160/8 sessions

511642

SENIOR SOCIAL WORKSHOPS

**Seniors Weekend Crafts and Activities**

55+ yrs

Spend a delightful afternoon enjoying crafts, board games, socializing and meeting new seniors. Registration is required.

Sa 1:30 PM-3:30 PM

Jul 13-Aug 24

\$0/3 sessions

509070



Performance in the Park - see page 20

**PIANO**

**Piano Lessons**

6+ yrs

Kenny Ngo

Learn piano from a qualified, experienced instructor. The 30 minute private lessons focus on basic understanding of playing the piano in a safe, fun and friendly environment. Lessons are catered according to the student age and ability. All ages and adult students welcome. No session Aug 5

|                   |              |        |
|-------------------|--------------|--------|
| M 3:30 PM-4:00 PM | Jul 8-Aug 19 | 507484 |
| \$156/6 sessions  | Jul 8-Aug 19 | 507575 |
| M 4:00 PM-4:30 PM | Jul 8-Aug 19 | 507576 |
| \$156/6 sessions  | Jul 8-Aug 19 | 507577 |
| M 4:30 PM-5:00 PM | Jul 8-Aug 19 | 507578 |
| \$156/6 sessions  | Jul 8-Aug 19 | 507579 |
| M 5:00 PM-5:30 PM | Jul 8-Aug 19 | 507580 |
| \$156/6 sessions  | Jul 8-Aug 19 | 507581 |
| M 5:30 PM-6:00 PM | Jul 8-Aug 19 | 507582 |
| \$156/6 sessions  | Jul 8-Aug 19 | 507583 |
| M 6:00 PM-6:30 PM |              |        |
| \$156/6 sessions  |              |        |
| M 6:30 PM-7:00 PM |              |        |
| \$156/6 sessions  |              |        |
| M 7:00 PM-7:30 PM |              |        |
| \$156/6 sessions  |              |        |
| M 7:30 PM-8:00 PM |              |        |
| \$156/6 sessions  |              |        |
| M 8:00 PM-8:30 PM |              |        |
| \$156/6 sessions  |              |        |

**VIOLIN**



**Violin Lessons - Private**

6+ yrs

Ali Nourbakhsh

Join as a complete beginner or tune up your violin skills. Students of all ages and levels are welcome! Learn the violin in a supportive environment with a dedicated teacher, who will also provide you with information on how to get the appropriate size and type of violin. Preparation for Royal Conservatory of Music exams is a possibility for those who wish to have their learning level recognized. No session on Aug 3.

|                      |              |        |
|----------------------|--------------|--------|
| Sa 10:00 AM-11:00 AM | Jul 6-Aug 24 | 511550 |
| \$413/7 sessions     | Jul 6-Aug 24 | 511551 |
| Sa 11:00 AM-12:00 PM | Jul 6-Aug 24 | 511552 |
| \$413/7 sessions     |              |        |
| Sa 12:00 PM-1:00 PM  |              |        |
| \$413/7 sessions     |              |        |



**Fitness Centre Hours**

Monday-Friday 7:30AM-8:45PM  
Saturday 9:00AM-3:30PM

| Pass Packages     | Douglas Park Pass | Vancouver Parks Flexipass |
|-------------------|-------------------|---------------------------|
| 10 Visit Pass     | \$35.00           | \$66.69                   |
| One Month Pass    | \$31.90           | \$59.95                   |
| Three Month Pass  | \$60.00           | \$161.87                  |
| Twelve Month Pass | \$180.00          | \$517.97                  |

All prices subject to GST where applicable.



# DOUGLAS PARK COMMUNITY CENTRE

## performance in the Park

**JULY 4**

### Kellie Haines Ventriloquist

This hilarious show blends musical numbers with fast paced ventriloquism comedy bits, with Magrau the bird and Kamilla the frog! After a brief musical warm-up with Ventriloquist Kellie, the audience meets Magrau the bird, who is a little hungry and full of surprises. He and Kellie take a series of comic detours – like a mangled rendition of the Itsy-Bitsy Spider song to a cupcake caper. Next, we meet Kamilla the frog, a precocious four year-old frog with red hair. When it becomes clear that Kamilla forgot to round up other frogs for her big production number, Kellie invites audience members on stage to help save the show. This heartwarming and funny show has lots of audience participation, catchy songs with colourful puppets! [508786](https://www.douglasparkcc.ca/508786)



**JULY 18**

### Music with Marnie



Described as one of the Best Performers of her Generation by the Vancouver International Children's Festival, Marnie will be sure to captivate your child, and have them moving and grooving to songs from her 4 Award Winning Albums. Marnie performs funky and educational tunes that get kids and parents Nation

Wide, moving and grooving. Each song tells a story and has an action keeping children focused and physical. If you've never seen a preschool mosh pit, now's your chance -- It's impossible not to get up and boogie during a Music with Marnie Show. The moment the music starts, Marnie will have the kids dancing, singing and signing along. So get ready to jump in puddles and swing like monkeys – being up on your feet and boogieing to the beat is what this entertainers show is all about. [508787](https://www.douglasparkcc.ca/508787)



**Fun for the whole family**

**AUGUST 1**

### Will's Jams



Will Stroet of Will's Jams is a JUNO-nominated musician, nationally recognized educator and former CBC Kids TV star. His high-energy rock-pop music in English and French is full of witty wordplay and sing-along choruses, inspiring kids to be active, creative, caring and community-minded. Will and the band perform hits from his 12 albums, which are masterpieces of creativity and fun, further cementing

him as the ultimate star of children's rock 'n' roll. Check out Will's music videos on his YouTube channel. To learn more about Will and his music, visit [www.willsjams.com](http://www.willsjams.com). Connect with him on Facebook, Instagram and X @willsjamsmusic. [508786](https://www.douglasparkcc.ca/508786)

**AUGUST 15**

### Brock House Big Band

Come out and enjoy a musical performance from the talented Brock House Big Band. The BHBB is an 18 piece ensemble that plays a wide variety of jazz and popular music. Their repertoire includes classic tunes from Count Basie, Duke Ellingtons and others, latin and jazz standards and big band arrangements of contemporary popular music. [508789](https://www.douglasparkcc.ca/508789)

